

| | Dist | Turn | | Road | Exit | Total Time | Total Dist |
|---|-------------|-------------------|-------|---------------------------|------|------------|------------|
|  | | Start | at | Auberge Isaie | | 00:00:00 | 0.00 km |
| | | Go straight (N) | on | Av 12e | | 00:00:00 | 0.00 km |
| | in 0.40 km | Keep right (NE) | on to | PR 309 (Av 12e) | | 00:00:52 | 0.40 km |
| | in 15.51 km | Keep left (NNE) | on to | <unnamed> | | 00:41:57 | 15.91 km |
| | in 0.68 km | Go straight (N) | on to | PR 309 | | 00:43:25 | 16.59 km |
| | in 17.19 km | Keep right (SSE) | on to | Ch du Tour-du-Lac | | 01:28:57 | 33.78 km |
| | in 11.87 km | Go straight (SSE) | on to | Rue Sicotte | | 01:54:50 | 45.65 km |
| | in 0.39 km | Turn right (WSW) | on to | Rue du Lac | | 01:55:40 | 46.04 km |
| | in 0.37 km | Turn right (NNW) | on to | Rue Principale | | 01:56:28 | 46.41 km |
|  | in 0.01 km | Stop | at | Rue Principale | | 01:56:29 | 46.42 km |
| | | Go straight (S) | on | Rue Principale | | 01:56:29 | 46.42 km |
| | in 0.31 km | Go straight (W) | on to | Rue Notre-Dame | | 01:57:07 | 46.73 km |
| | in 0.13 km | Go straight (S) | on to | PR 309 (Rue Notre-Dame) | | 01:57:24 | 46.86 km |
| | in 11.29 km | Keep right (SSW) | on to | <unnamed> | | 02:27:18 | 58.16 km |
| | in 0.68 km | Go straight (SW) | on to | PR 309 | | 02:28:46 | 58.83 km |
| | in 1.54 km | Turn left (SSE) | on to | Rue du Pont | | 02:32:51 | 60.38 km |
| | in 0.32 km | Go straight (SSE) | on to | Mont de Mont-Saint-Michel | | 02:33:41 | 60.70 km |
| | in 2.42 km | Keep right (SSE) | on to | PR 311 | | 02:40:06 | 63.12 km |
|  | in 3.53 km | Stop | at | PR 311 | | 02:49:27 | 66.65 km |
| | | Go straight (NNW) | on | PR 311 (Rue Principale) | | 02:49:27 | 66.65 km |
| | in 0.78 km | Turn left (SW) | on to | Ch des Pionniers | | 02:51:31 | 67.43 km |
| | in 6.73 km | Go straight (SW) | on to | Rang 2e-Moreau | | 03:06:12 | 74.16 km |
| | in 2.87 km | Keep right (WNW) | on to | Mont Gouin | | 03:12:27 | 77.03 km |
| | in 2.85 km | Keep left (W) | on to | Rue 11e | | 03:18:39 | 79.89 km |
| | in 1.17 km | Turn right (SSE) | on to | Av 22e | | 03:21:12 | 81.06 km |
| | in 0.82 km | Keep right (SSW) | on to | 1er rang de Würtele | | 03:22:59 | 81.88 km |
| | in 6.83 km | Keep right (SSW) | on to | <unnamed> | | 03:37:51 | 88.70 km |
| | in 0.50 km | Go straight (S) | on to | Rout Eugène-Trinquier | | 03:38:56 | 89.21 km |
| | in 10.64 km | Keep right (SW) | on to | Rue de la Madone | | 04:02:09 | 99.85 km |
| | in 0.84 km | Turn right (WNW) | on to | Rue Pelletier | | 04:03:58 | 100.69 km |
| | in 0.28 km | Turn right (N) | on to | PR 309 (Rue du Portage) | | 04:04:34 | 100.96 km |
| | in 17.19 km | Keep left (NNE) | on to | PR 309 (Av 6e) | | 04:50:04 | 118.15 km |
| | in 0.18 km | Keep left (N) | on to | Av 6e | | 04:50:33 | 118.33 km |
| | in 0.14 km | Keep right (E) | on to | Rue 12e | | 04:50:50 | 118.47 km |
| | in 0.51 km | Go straight (N) | on to | Av 12e | | 04:51:56 | 118.98 km |
|  | | Finish | at | Finish | | 04:51:56 | 118.98 km |

Total Time: 04:51:56 Total Distance: 118.98 km